

What does PSHE look like in Early Years?

At Cobbs Brow Primary School our EYFS department follow the Statutory Framework for the Early Years Foundation Stage (March 2021) and use the Birth to Five Matters Non-statutory guidance for the Early Years Foundation Stage developed by the Early Years Coalition. This guidance supports practitioners to implement the Statutory Framework for the Early Years Foundation Stage (EYFS) in a pedagogically sound, principled and evidence-based way. Practitioners can then use their professional judgement based on their knowledge of the children in their setting and their wider context including family, community and the setting itself to construct an appropriate curriculum.

In EYFS PSHE is taught via Personal, Social and Emotional Development (PSED). PSED explores children's ability to make relationships, their sense of self and their understanding of emotions. PSED is a prime area of learning for children. Throughout Nursery, children are taught to welcome and value praise for things they have done, to be more confident in new social situations, to accept the needs of others and take turns, share and to be aware of their own feelings, understanding that some actions and words can hurt other's feelings. Children are also taught to demonstrate friendly behaviour, form good relationships with familiar adults and peers and show affection and concern for people who are special to them. In Reception, children are encouraged to describe themselves in positive terms and understand they belong to different communities. They are taught to talk about their own needs, wants, interests and abilities, be aware of boundaries set and adhere to behavioural expectations, solve problems without aggression and repairing relationships when they have caused upset. Children will become increasingly socially skilled and enjoy lots of different relationship and be able to describe their competences.

At the end of Reception children are assessed against three Early Learning Goals for PSED. Children at the expected level of development will be able to:

Building Relationships Children at the expected level of development will: <ul style="list-style-type: none">- Work and play cooperatively and take turns with others;- Form positive attachments to adults and friendships with peers;- Show sensitivity to their own and to others' needs.	Managing Self Children at the expected level of development will: <ul style="list-style-type: none">- Explain the reasons for rules, know right from wrong and try to behave accordingly	Self-Regulation Children at the expected level of development will: <ul style="list-style-type: none">- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly
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